



COURAGE TO ASPIRE

HOPE in Action

A weekly letter to our community

Monday, October 12, 2026

Launch Issue | No. 01

A meal opens the door. Listening builds the relationship.

Dear CTA Family,

Welcome to *HOPE in Action*, our new Monday newsletter. I want this to be a place where you can see what COURAGE to Aspire is doing, learn what our neighbors need, and find a way to be part of the work.

Through Feeding HOPE on Purpose, we offer food and practical support to people experiencing homelessness. We also make time for conversation. Before assuming what someone needs, we ask and listen. Their answers help guide how we serve.

That is the heart behind CTA: treating people with dignity and responding with care. Thank you for the prayers, donations, time, and encouragement you share with us. I look forward to keeping you connected as this work grows.

This week: Feeding HOPE on Purpose

Our street outreach brings together meals, supplies, and personal connection. Volunteers help prepare what we take out and serve alongside the outreach team.

We welcome food and supply partners who want to support this work. If your restaurant, church, or business would like to help, please contact us to discuss current needs.

How you can help

Volunteer. Help with preparation or outreach.

Give clothing. Ask about current Green Bag of HOPE needs and donation arrangements.

Connect a partner. Introduce CTA to a church, restaurant, or business.

Looking ahead

We are developing opportunities through Crowned with Care, The Nehemiah Program, and Harbor Homes, with a focus on connection for older adults, support for young people, and housing stability. We will share details as these plans move forward.

With gratitude,

Chaplain VeEtta Thomas, MBA

Founder & CEO, COURAGE to Aspire